

**ADULTS AND COMMUNITY  
 WELLBEING SCRUTINY COMMITTEE  
 9 OCTOBER 2019**

**PRESENT: COUNCILLOR C E H MARFLEET (CHAIRMAN)**

Councillors Mrs E J Sneath (Vice-Chairman), B Adams, R J Kendrick, Mrs J E Killey, Mrs C J Lawton, C E Reid, C L Strange and M A Whittington

Councillors: Mrs P A Bradwell OBE attended the meeting as observers

Officers in attendance:-

Daniel Steel (Scrutiny Officer), Emily Wilcox (Democratic Services Officer), Andy Emerson (Head of Service Delivery - Thrive Tribe), Philip Garner (Health Improvement Programme Manager), Justin Hackney (Assistant Director, Specialist Adult Services), Professor Derek Ward (Director of Public Health) and Ruth Cumbers (Urgent Care Programme Director, Lincolnshire East CCG)

28 APOLOGIES FOR ABSENCE/REPLACEMENT MEMBERS

An apology for absence was received from Councillor Mrs M J Overton MBE.

29 DECLARATION OF MEMBERS INTERESTS

There were no declarations of interest.

30 MINUTES OF THE MEETING HELD ON 4 SEPTEMBER 2019

RESOLVED:

That the minutes of the meeting held on 4 September 2019 be approved as a correct record and signed by the Vice-Chairman.

31 ANNOUNCEMENTS BY THE EXECUTIVE COUNCILLOR AND LEAD OFFICERS

The Chairman announced that a green paper on prevention had been released. It was noted that Lincolnshire County Council had submitted a response to the green paper as a statutory organisation. The Chairman of the Health and Wellbeing Board would also be writing a response on behalf of the Board.

32 PRESENTATION ON ONE YOU LINCOLNSHIRE

The Committee received a presentation from the Strategic Programme Manager (Lincolnshire Physical Activity Taskforce) and the Head of Service Delivery (Thrive

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Tribe), which provided details of Lincolnshire's integrated lifestyle support programme, One You Lincolnshire.

The Head of Service Delivery (Thrive Tribe) explained that Thrive Tribe were a healthy lifestyle provider that ran a range of health and wellbeing programmes across the UK, which now included One You Lincolnshire.

Members were informed that the One You Lincolnshire service would provide high quality accessible information and direct support, which would focus on supporting people with smoking and tobacco addiction; physical inactivity; obesity and excess alcohol consumption.

The One You Lincolnshire service aimed to achieve a reduction in obesity prevalence; increased participation in physical activity; a reduction in smoking prevalence; an increased number of people drinking sensibly; provide support to people from areas in need in Lincolnshire; and increase the percentage of people consuming their five a day and improving self-reported wellbeing.

The mobilisation of the service had been now been completed and rolled out across all districts.

Members were invited to ask questions, in which the following points were noted:

- There were a range of economic and social factors which meant that Lincolnshire's population had higher than average smoking rates and an increased number of people who were overweight, obese and physically inactive.
- Officers explained that the E-Cigarette related deaths had occurred in America, where the E-Cigarette industry was unregulated. Members were advised that the UK industry was regulated, which eliminated many of the risks posed.
- It was explained that switching from Tobacco smoking to an E-cigarette would significantly reduce your risk of harm, whilst still maintaining some level of risk. However, there were concerns over non-smokers becoming addicted to E-cigarettes, and the negative effects of on these people who had previously been smoke free (but no evidence available).
- At the point of engaging with health care professionals, pregnant women with a smoking addiction were automatically enrolled into a stop smoking programme. Women would have to choose to opt out of this programme.
- It was noted that the Man V Fat programme was a football based engagement exercise which encouraged teams of men to engage in a weight loss programme. It was confirmed that there were different intensities of exercise dependent on age and ability. There had been significant results achieved through the Man V Fat programme.
- Members commended the stop smoking services available.
- It was noted that there had been a range of different approaches used to service rural communities, which involved both physical and virtual support for weight loss.

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- Members were encouraged to promote and communicate the One You Lincolnshire service to residents, wherever possible.
- Officers advised that the stop smoking service was also available from anybody over the age of 12.
- It was clarified that the One You Lincolnshire service was not directly available to all NHS staff. The initial aim was to help those who were most at risk and would benefit the most from the programme.
- Officers explained that there was no maximum age to receive support from the service.
- The Chairman emphasised the need for preventative work on health and wellbeing across Lincolnshire.
- It was agreed that a report be scheduled in 12 months to look at the progress of the One You Lincolnshire service.

**RESVOLED**

That the presentation be noted.

**33     TEAM AROUND THE ADULT - MULTI-AGENCY PREVENTION INITIATIVE**

Members received a presentation from the Assistant Director – Specialist Adult Services and Safeguarding, which outlined the multi-agency prevention initiative 'Team Around the Adult'.

The "Team Around the Adult" initiative would focus on improving outcomes for vulnerable adults with complex needs who may not meet the thresholds for an Adult Safeguarding Section 42 enquiry and/or may for various reasons not be engaged with traditional service delivery models.

The initiative would help to prevent the needs of vulnerable adults by escalating and provide a joined up multi-agency response to people with entrenched and complex needs that would deliver better outcomes for the individual, and focus on those with complex needs with multiple risk factors.

Members received a presentation which outlined the following:

- Lincolnshire's Strategic Safeguarding Board's and Partnerships
- The Lincolnshire Safeguarding Adults Board (LSAB) Prevention Model
- The Adult Safeguarding Operational Groups Mapping Exercise
- Phase one and two of the operational model for Team around the Adult.

Members were invited to ask questions, in which the following points were noted:

- Officers acknowledged explained that the criteria would be flexible to allow District Council officers to refer a concern for a wider professional discussion or decision if they felt necessary.

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- Members were advised that the initiative was a multi-agency initiative and therefore the County Council's customer service centre would not be advised as the first point of contact for somebody reporting a concern.
- It was noted that the County Council had the ability to formally escalate safeguarding concerns and require external agencies to be present at meetings, if necessary.
- Members welcomed the opportunity to increase communication between partner agencies.
- The Director for Public Health explained that substance misuse and mental health issues were often closely related. The Council would be looking to develop a dual diagnosis model for these.
- It was agreed that the Assistant Director – Specialist Adult Services & Safeguarding would report the progress of the Team Around the Adult initiative to the Committee once it had been developed further, prior to the formal launch.

**RESOLVED:**

That the report and presentation be noted.

**34 LINCOLNSHIRE COUNTY COUNCIL ADULT CARE WINTER PLAN**

Consideration was given to a report by the Assistant Director – Adult Frailty and Long Term Conditions and the Urgent Care Programme Director (Lincs Sustainability & Transformation partnership), which provided an update on the Health and Care system Winter Plan for 2019/20.

Members were informed that in October 2018 the Secretary of State for Health and Social Care had announced an additional £240m of additional funding for councils to spend on adult social care services to help alleviate winter pressures on the NHS.

Members were advised that the Winter Plan would focus on early discharge planning and after hospital care; preventative measures to avoid people being admitted to hospital or attend emergency centres, seven day care services; Flu planning and patient choice.

Members were invited to ask questions, in which the following points were noted:

- Officers explained that many holiday makers attended emergency centres but were not often admitted to hospital. In some cases, holidaymakers were admitted to hospital and were unable to be discharged back to their holiday residence, so arrangements would be made for them to return to their permanent residence.
- It was noted that there would patient discharge would be a planned operation so there was unlikely to be a delayed transfer of care for patients.
- The Urgent Care Programme Director explained that the NHS had worked with holiday providers to give information on self-care and signposting information to avoid patients unnecessarily attending emergency centres.

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- Officers confirmed that they did not have access to out-of-county patients' medical records but it was in the NHS interests' to obtain the correct information in order to give the best care possible.
- It was confirmed that officers looked at long range weather forecasts/predictions and measures were put in place where possible.
- Members were assured that systems were ready to go at all times in preparation for unexpected weather conditions.
- Members were informed that Lincolnshire there were 2% of patients that had a delayed transfer of care, which was below the national average of 6%.
- It was noted that the whole process of discharging patients had been improved, and that the discharge process now begun from the point of admittance, with patients received an estimated discharge date on their admission, allowing families and patients to better prepare.
- Officers acknowledged that during peak times, it could be difficult to accommodate all patients discharge requests for their preferred adult care nursing home. It was in the patient's best interest to be discharged from hospital and that was the main priority.
- Concerns were raised by a member of the Committee that there were patients being discharged from hospital without an Occupational Therapy assessment having being carried out. The Executive Councillor for Adult Care, Health and Children's Services agreed to look into statistics surrounding this.
- The Director of Public Health assured Members that winter care plans across the health service were as robust as possible.
- It was confirmed that Lincolnshire County Council were responsible for organising the home care for any patients who attended a doctor's surgery within Lincolnshire, regardless of the hospital they were being treated at.
- Officers advised that hospitals were able to discharge patients on weekends.
- Members were informed that the Council were working with GP's and pharmacies to ensure that they had the right level of stock and the correct information about the locations in which people could obtain a flu jab.
- The Director of Public Health emphasised the importance of the flu jab.
- It was confirmed that hospital pharmacies planned to be open 7 days, but this was not always possible due to staff availability.
- It was agreed a report detailing the actual winter performance against the Winter Plan be scheduled for an appropriate meeting of the Committee.
- It was suggested that the Winter Schemes could be communicated to the public through county news and local newspapers to further communicate the message and ensure that people were prepared.
- Members were informed that there was work done to track the most vulnerable patients and ensure that they were supported where possible.

**RESOLVED:**

That the report be noted.

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WORK PROGRAMME

The Scrutiny Officer outlined the Committee's prospective work programme.

It was suggested that an item on mental health and wellbeing be scheduled for 2020. The Chairman emphasised the importance of preventative measures with regard to mental health.

RESOLVED:

That the proposed work programme be agreed.

The meeting closed at 12.10 pm